

MEALS ON WHEELS MENU



(wef Monday 28th July 2026)

DAILY CHOICE

PLEASE, Remember

Extra Small	£7.40
Small	£8.00
Medium	£8.50
Large (suitable for 2 people)	£9.75

Orders and changes to orders
must be placed
24 hours in advance
Ring 01209-612786 (Option 1)

Monday Sausage & Onion with gravy
Braised Steak
Chicken

Available every day (Monday – Friday)

Chicken Curry with chips)

Chicken Curry with jacket potato)

Lasagne with Chips or salad)

Scampi with chips or salad)

Tuesday Roast Beef

Chicken

Fish, chips and peas (State battered or breaded)

Ham, chips and peas

Variety of salads:- Home cooked ham, Cheese, Tuna, chicken, Egg mayonnaise

ExtraSmall £7.40
Small £8.00
Medium £8.50
Large £9.75

The following main courses come in just one size (Standard)

Wednesday	Cottage Pie	Crispy BBQ chicken wrap with chips <u>or</u> salad	£8.50
	Braised Steak	Garlic mushrooms, chips and salad	£8.50
	Chicken	Pizza, chips and salad	£8.50
	Ham, chips and peas	Stew with dumpling	£8.50

Thursday Roast Pork
Braised steak
Ham, chips and peas

The following items will incur an additional 40p delivery charge per customer if not delivered with a main course

Dessert (daily selection) £3.50

Soup with bread Roll £3.90

Friday Beef pie
Braised Steak
Chicken

Fishfinger Bap £4.00

Sandwiches or Filled rolls £3.50

(state white or brown bread when ordering)

Ham – Cheese – Tuna - Egg Mayonnaise – Chicken - Beef
Add your choice of tomato, cucumber, lettuce, coleslaw, pickle or mustard

● **Salads available** Home Cooked Ham, Cheese, Tuna, Chicken,

Why not order an extra salad for Saturday?

Pasties

Cocktail-£2.95

Small meat- £4.95

Small- cheese and onion £4.95

Large- £6.30

Vegan and vegetarian diets can be catered for

It is your responsibility to keep us updated with your current allergens or dietary requirements.

FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order. Thank you.

PLEASE remember

Orders and changes to orders must be placed 24 hours in advance

Phone 01209-612786 (Option 1, for Meals on Wheels)

Email cambornewesley.mow@gmail.com

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