

# MEALS ON WHEELS MENU



(wef Monday 28<sup>th</sup> July 2025 )

## DAILY CHOICE

**PLEASE, Remember**

Extra Small	£6.90
Small	£7.50
Medium	£8.00
Large (suitable for 2 people)	£9.10

Orders and changes to orders  
must be placed  
24 hours in advance  
Ring 01209-612786 (Option 1)

**Monday** Sausage & Onion with gravy

**Available every day (Monday – Friday)**

Braised Steak

Chicken Curry with chips )

Chicken

Chicken Curry with jacket potato )

Lasagne with Chips or salad )

ExtraSmall £6.90

**Tuesday** Roast Beef

Scampi with chips or salad )

Small £7.50

Chicken

Fish, chips and peas (State battered or breaded)

Medium £8.00

Ham, chips and peas

Variety of salads ●)

Large £9.10

**The following main courses come in just one size (Standard)**

**Wednesday** Cottage Pie

Crispy BBQ chicken wrap with chips or salad

£8.00

Braised Steak

Garlic mushrooms, chips and salad

£8.00

Chicken

Pizza, chips and salad

£8.00

Ham, chips and peas

Stew with dumpling

£8.00

**Thursday** Roast Pork

**The following items will incur an additional 40p delivery charge per customer if not delivered with a main course**

Braised steak

Dessert (daily selection)

£3.50

Ham, chips and peas

Soup with bread Roll

£3.90

**Friday** Beef pie

Fishfinger Bap

£4.00

Braised Steak

Sandwiches or Filled rolls

£3.50

Chicken

(state white or brown bread when ordering)

Ham – Cheese – Tuna - Egg Mayonnaise – Chicken - Beef  
Add your choice of tomato, cucumber, lettuce, coleslaw, pickle or mustard

● **Salads available**

Home Cooked Ham, Cheese, Tuna, Chicken, Egg Mayonnaise

**Why not order an extra salad for Saturday?**

Vegan and vegetarian diets can be catered for

It is your responsibility to keep us updated with your current allergens or dietary requirements.

### FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order. Thank you.

**PLEASE remember**

Orders and changes to orders must be placed 24 hours in advance

*Phone* 01209-612786 (Option 1, for Meals on Wheels)

*Email* [cambornewesley.mow@gmail.com](mailto:cambornewesley.mow@gmail.com)

Camborne Wesley Methodist Church  
Chapel Street Camborne TR14 8EG  
Registered Charity 1127807